



## Heart Attack - Myocardial Infarction (MI)

### Common Symptoms

- Coronary spasms - tightness and pain over the left chest
- Shortness of breath
- Fatigue
- Pain in your gut described as aching or pressure

### How to prepare and pass your next DOT Physical:

- Bring (or better yet, fax before your exam) your most recent Echocardiography (ECG) results
- Bring (or better yet, fax before your exam) your most recent Exercise Tolerance Test (ETT) results
- Bring (or better yet, fax before your exam) all your Cardiologist notes from before and after your Heart Attack
- Cardiac history